



## Product Data Sheet

DUAL ISOMER FORMULA

**max**  
**CLA**

CONJUGATED LINOLEIC ACID



**Max CLA™** from Max Muscle Sports Nutrition (MMSN) contains ultra premium conjugated linoleic acid (CLA). CLA is a polyunsaturated fatty acid (PUFA) and a unique isomer or special type of omega-6 (linoleic acid) fatty acid and, as the name implies, the double bonds of the linoleic acid are conjugated. Conjugated linoleic acid is naturally found in beef, and dairy product like milk, eggs, butter, yogurt, and many cheeses. Additionally, modern processing methods of meats and dairy have reduced the levels of CLA in these foods and due to low fat diets people eat fewer CLA rich foods. Supplementation is the only effective way to achieve healthy CLA levels and works best when combined with a sensible diet and regular exercise program.†

**Max CLA™** is derived from specially modified safflower oil to provide the highest levels of the two active CLA isomers; *cis*-9, *trans*-11 and *trans*-10, *cis*-12 in the preferred 1:1 ratio. CLA is a fat (lipid) component of cell membranes and found in breast milk. One of the best ways to get your CLA is through **Max CLA™**.

Supplement Facts		
Serving Size: 2 Softgels	Servings Per Container: 90	
Calories: 18	Calories From Fat: 18	
	Amount Per Serving	% DV*
Total Fat	2 g	3%
(1,500 mg conjugated linoleic acid from 2,000 mg safflower oil containing 80% CLA)		
Conjugated Linoleic Acid	1,500 mg	**
Safflower Oil Base	500 mg	**

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established

**Directions:** As a dietary supplement take two softgels three times per day. Pregnant or lactating women should consult a physician before taking CLA.

**Other Ingredients:** Softgel consists of gelatin, glycerin, water, natural caramel color (added as a light barrier), titanium dioxide.

**Warning:** If pregnant or nursing or taking medications, consult a licensed healthcare practitioner prior to use.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

**Size:** 180 Softgels  
**Serving Size:** 2 Softgels  
**Servings Per Container:** 90

### KEY FEATURES

- Dual Active Isomer Formula of Conjugated Linoleic Acid (CLA)
- Ideal 1:1 ratio of *cis*-9, *trans*-11 to *trans*-10, *cis*-12 isomers
- Ultra Premium Quality

### KEY MESSAGES

- **Max CLA™** is a special type of linoleic acid (omega-6 fatty acid) called conjugated linoleic acid (CLA).
- CLA is a polyunsaturated fatty acid (PUFA) and a unique isomer or special type of omega-6 (linoleic acid).
- **Max CLA™** is a specially modified safflower oil that provides the highest levels of the two active CLA isomers, *cis*-9, *trans*-11 and *trans*-10, *cis*-12 in the ideal 1:1 ratio.
- Supplementation is the only effective way to achieve healthy CLA levels.†
- **Max CLA™** is most effective when used in conjunction with a sensible diet and regular exercise program.†

### TARGET MARKET

**Primary:** Individuals looking for an ultra premium CLA.

### RECOMMENDED STACK

- Quadra Cuts Series
- Anabol Cuts
- Femme Lean & Balance
- High 5
- Max Glutamine
- Vit-Acell
- Cx3

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